

Wishing You Well Counseling Center
21731 Timberlake Road
Lynchburg, VA 24502
(434) 455-5033/ (434) 455-5034 fax

Client Information Sheet

Today's Date: _____ Referral Source: _____

Client's Name: _____ Client's SSN: _____

Client's Age: _____ Client's Date of Birth: _____

Street Address: _____

City: _____ Zip Code: _____

Mailing Address: (if different from above): _____

Home Phone: _____ Emergency Phone: _____

Cell Number: _____ Work Phone: _____

Insurance Information:

Insurance Company: _____

Policy Number: _____ Group Number: _____

Insured's Name (if other than client): _____

Insured's SSN: _____ Insured's Date of Birth: _____

Relationship to Insured: _____

Please Complete this Section Only if Client is a Minor:

Mother's Name: _____ Father's Name: _____

Mother's Address: _____ Father's Address: _____

Mother's Home Phone: _____ Father's Home Phone: _____

Mother's Cell Phone: _____ Father's Cell Phone: _____

Mother's Work Phone: _____ Father's Work Phone: _____

Mother's Employer: _____ Father's Employer: _____

Responsible Party Information:

Name: _____ SSN: _____

Address: _____

Email: _____ Phone: _____

CONTINUE TO THE NEXT PAGE

For Therapist Use Only: DSM V DIAGNOSIS: _____

INITIAL TREATMENT INTERVENTION & RATIONAL: _____

Discharge Plan: _____

Marital Information:

Never Married (Single): _____ Married: _____ Separated: _____ Divorced: _____
Widowed: _____ Unmarried Couple (Living Together): _____ Length of Current Status: _____
Spouse or Partner's Name & Address: _____

Spouse or Partner's Home Phone: _____ Cell Phone: _____
Spouse or Partner's Employer: _____

Previous Spouses (Name & Length of Marriage): _____

Family History of Client:

Birth order of client: _____ of _____ siblings.

| Relationship | Name | Age if Living | Date & Age of Death | Occupation | City of Residence |
|-----------------|------|---------------|---------------------|------------|-------------------|
| Birth Father | | | | | |
| Birth Mother | | | | | |
| | | | | | |
| Adoptive Father | | | | | |
| Adoptive Mother | | | | | |
| | | | | | |
| Stepfather | | | | | |
| Stepmother | | | | | |
| | | | | | |
| Foster Father | | | | | |
| Foster Mother | | | | | |
| | | | | | |
| Brothers | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Sisters | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Children | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

Medical Treatment/History of Client:

Primary Care Physician: _____ Phone: _____

Has the client been treated by a physician during the past 5 years? Yes _____ No _____

If yes, please explain: _____

Has the client had any major operations or hospitalizations? Yes _____ No _____

If yes, please explain: _____

List all current medical conditions: _____

Is the client currently taking medication? If so, please list each medication with its dosage and purpose:

| Medication | Dosage and Purpose |
|------------|--------------------|
| | |
| | |
| | |
| | |
| | |
| | |

Does the client have allergies? If so, please list: _____

Has the client ever attempted suicide? No _____ Yes _____, when: _____

Has the client ever been physically abused? No _____ Yes _____, when: _____

Has the client ever been sexually abused? No _____ Yes _____, when: _____

If you answered yes to any of the above questions, please give a brief explanation:

Substance Use/Abuse History:

Is there currently or has there ever been an alcohol problem? No _____ Yes _____, when: _____

Is there currently or has there ever been a drug problem? No _____ Yes _____, when: _____

Please give a brief explanation for 'yes' answers above: _____

Is there anyone in the client's family who currently has or has had a problem with alcohol?

No _____ Yes _____, who: _____

Is there anyone in the client's family who currently has or has had a problem with drugs?

No _____ Yes _____, who: _____

Is there anyone in the client's family who currently has or has had a mental health concern?

No _____ Yes _____, who: _____

Please give a brief explanation for 'yes' answers above: _____

Education and/or Employment History:

| Schools Attended | Highest Grade Completed | Diploma or Degree Received |
|------------------|-------------------------|----------------------------|
| | | |
| | | |
| | | |
| | | |

Any grades repeated? _____ Any academic or school behavioral concerns? No _____ Yes _____

Please explain: _____

Present Employer: _____

Job Title: _____ Length on Job: _____

If unemployed, please explain length of time and why: _____

Legal History and/or Matters Before the Court:

| Pending/Past Charges or Matters before the court (custody, protective orders, etc.) | Dates of Incident | Court Dates | Disposition (guilty, not guilty, time served, fines, etc.) |
|----------------------------------------------------------------------------------------------|-------------------|-------------|------------------------------------------------------------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Presenting Problem of Client (Check All That Apply):

_____ Abuse (Physical, Sexual, Emotional)

_____ Anger Management

_____ Anxiety

_____ Chemical Dependency

_____ Compulsive Behavior

_____ Depression

_____ Divorce/Separation

_____ Family Problems

_____ Gambling

_____ Gender Role Identity

_____ Grief & Loss

_____ Legal Issues

_____ Marital Conflict

_____ Medical Issues

_____ Obsessive Thinking

_____ Parenting Issues

_____ School Attendance

_____ Self-Esteem Issues

_____ Stress

_____ Violent Behaviors

_____ Work Issues

_____ Other

Please briefly explain all that are checked above: _____

SYMPTOMS CHECKLIST

Check the symptoms you've noticed lately in yourself/dependent.

PHYSICAL

- ☐ Appetite change
- ☐ Headaches
- ☐ Tension
- ☐ Fatigue
- ☐ Insomnia
- ☐ Weight change
- ☐ Increased colds/viruses
- ☐ Muscle aches/pains
- ☐ Digestive upsets
- ☐ Pounding heart
- ☐ Accident prone
- ☐ Teeth grinding
- ☐ Rash, Hives
- ☐ Restlessness
- ☐ Increased alcohol, drug, tobacco use
- ☐ Bedwetting
- ☐ Shortness of breath
- ☐ Menstrual Difficulties

EMOTIONAL

- ☐ Anxiety
- ☐ Frustration
- ☐ The "blues"
- ☐ Mood swings
- ☐ Bad temper
- ☐ Nightmares
- ☐ Crying spells
- ☐ Irritability
- ☐ "No one cares"
- ☐ Depression
- ☐ Nervous laugh
- ☐ Worrying
- ☐ Easily discouraged
- ☐ Little joy
- ☐ Short fuse
- ☐ Guilt
- ☐ Anger

SPIRITUAL

- ☐ Emptiness
- ☐ Loss of meaning
- ☐ Doubt
- ☐ Unforgiving
- ☐ Martyrdom
- ☐ Looking for magic
- ☐ Loss of direction
- ☐ Needing to "prove oneself"
- ☐ Cynicism
- ☐ Apathy

MENTAL

- ☐ Forgetfulness/memory problems
- ☐ Dull senses
- ☐ Poor concentration
- ☐ Low productivity
- ☐ Negative attitude
- ☐ Confusion
- ☐ Lethargy
- ☐ Whirling mind
- ☐ No new ideas
- ☐ Boredom
- ☐ Spacing out
- ☐ Negative self-talk
- ☐ Difficulty making decisions
- ☐ Thoughts of harming self
- ☐ Thoughts of harming others
- ☐ Hallucinations

RELATIONAL

- ☐ Isolation
- ☐ Intolerance
- ☐ Resentment
- ☐ Loneliness
- ☐ Lashing out
- ☐ Hiding
- ☐ Clamming up
- ☐ Lowered sex drive
- ☐ Nagging
- ☐ Distrust
- ☐ Fewer contact with friend's
- ☐ Lack of intimacy
- ☐ Using people

BEHAVIORAL

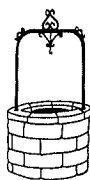
- ☐ Less Humor
- ☐ Intensified fatigue
- ☐ Angry outbursts
- ☐ Change in activity level
- ☐ Social withdrawal
- ☐ Manipulation of others
- ☐ Unlawful acts
- ☐ Risk-taking behaviors
- ☐ Self injury
- ☐ Suicidal attempts
- ☐ Attempts to harm others
- ☐ Self induced vomiting
- ☐ Eating binges
- ☐ Excessive exercising
- ☐ Less attention to appearance and/or hygiene

SCHOOL/WORKPLACE

- ☐ Increased absenteeism
- ☐ Decrease in quality of work
- ☐ Erratic/disruptive behavior
- ☐ Tardiness
- ☐ Irritability toward supervisors/coworkers/teachers
- ☐ Less attention to safety rules
- ☐ Poor concentration
- ☐ Procrastination
- ☐ Negative attitude toward school/company

[illegible]

Please read and sign the Client Services Agreement on the following page.



Wishing You Well Counseling Center
21731 Timberlake Road
Lynchburg, VA 24502
(434) 455-5033 (434) 455-5034 fax

CLIENT SERVICES AGREEMENT

CONFIDENTIALITY: You are assured that all counseling services are absolutely confidential and that no information will be disclosed to any person or agency unless you have signed a Release of Information specifying which information is to be released and to whom. However, law binds the counselor – as do professional standards – to take appropriate action on behalf of any client who represents him/herself as being (1) in imminent danger (suicidal), (2) a danger to someone else (homicidal), or (3) unable to care for self. Furthermore, certain major violations of law (such as child abuse) must be disclosed to authorities. Clients who are in divorce or other court proceedings may have their, or their ward's, records subpoenaed by the court or a spouse's attorney. For best practice standards, your therapist reserves the right to consult with other Wishing You Well mental health professionals regarding your case.

FEE SCHEDULE: PAYMENT FOR SERVICES IS REQUIRED BY THE END OF EACH SESSION.

| | |
|------------------------------------------------------------------------------------------------------------------|----------------------|
| Parent/Divorce Coaching | \$135.00 |
| Initial Intake or Consultation | \$150.00 |
| Individual, Family, or Marital Therapy per 45 minutes | \$125.00 |
| Individual, Family, or Marital Therapy per 55 minutes | \$135.00 |
| Consultation for client with other professionals per hour | \$135.00 (pro-rated) |
| Telephone Consults, Email correspondence (including crisis intervention) per hour | \$135.00 (pro-rated) |
| Report/Letter Preparation and Transmittal per hour | \$135.00 (pro-rated) |
| Court Appearance (including review of record, preparation, consultation, traveling time, availability), per hour | \$135.00 |

*minimum \$625.00 to be paid at least 72 hours in advance

MISSED APPOINTMENTS: Responsible parties will be charged at the rate above for any missed appointment that is not cancelled 24 hours in advance. A court appearance by a Wishing You Well Counseling Center Professional must be cancelled 72 hours in advance or the responsible party will be charged in full.

INSURANCE: Billing your insurance will be completed as a convenience to you. If, for any reason, your insurance company does not provide reimbursement, or requests that reimbursement be returned to them, you will be fully responsible. Each month you will receive a billing statement for services. Understand that deductibles need to be paid within 30 days, and insurance co-payments are due at the time of service.

RELEASE OF INFORMATION TO INSURANCE COMPANIES: Information regarding your diagnosis, reason for treatment, course of treatment, and treatment methodology are part of your records and may be released to insurance companies for authorization of payment, and/or client audits which they may perform. This condition is a requirement of most insurance policies.

TELEPHONE MESSAGES: The clerical staff may monitor information left on voice mail.

EMAIL/TEXT: We are able to send you appointment reminders by email/text. The appointment reminders will include only the dates and times of your appointments and your service provider's name. We will not encrypt the messages. Health care information sent by regular e-mail could be lost, delayed, intercepted, delivered to the wrong address, or arrive incomplete or corrupted. If you understand these risks and would like to receive appointment reminders by email/text, please confirm you accept responsibility for these risks, and will not hold us responsible for any event that occurs after we send the message.

Email: _____ Mobile # _____

I give consent to receive reminder emails/texts for appointments. Initial here to indicate consent. _____

TERMINATION OF SERVICES: In order to provide optimal therapeutic services, session attendance is expected. Any client that has not attended a session after 8 weeks, will automatically be discharged from services. Multiple cancelled/missed appointments may result in referral to other servicing agencies. Failure to keep your account current may result in termination of services.

COLLECTION OF ACCOUNT: If it becomes necessary for your account to be collected through legal channels, you give permission to release your name, social security number, address, and the amount of your unpaid balance to a collection agency. Any and all fees incurred as a result of the involvement of a collection agency to include court costs, attorney fees and collection agency fees will be the responsibility of the responsible party of the account. Collection agencies are not bound to any confidentiality agreement. Also by signing below you understand that you are responsible for all fees generated by your treatment, including those not paid or covered by insurance and any legal fees incurred in the collection of your account as well as collection agency fees.

ASSIGNMENT OF BENEFITS: By signing below you authorize Wishing You Well Counseling Center to bill and collect from your insurance company.

I have read the above terms and agree to them on _____
(Date)

(Signature of Client)

(Signature of Responsible Party - if other than client)

(Signature of Therapist)

October 2022